



SEPTEMBER 2023

INVERNESS EDUCATION CENTRE ACADEMY



Dear Students/Parents/Guardians,

We extend a warm welcome to students, parents, guardians, staff, and community partners to the 2023-2024 school year at Inverness Education Centre/Academy, Home of the Rebels.

In addition to taking advantage of all the school's academic programs, we encourage students to participate in the extracurricular and co-curricular activities the school and extended community have to offer.

We wish everyone a successful school year!

Peter Goosens, Principal
Iisha Parsons, Vice Principal

Morning Arrival Times



Students **are not** permitted into the school or the foyer until 8:25am. Please **do not** drop your child off earlier than 8:25am as there is no one available to supervise your child/ren.

DATES TO REMEMBER

Anti-Bullying Day (Wear Pink)	Sept 14 th
SAC Meeting 6pm	Sept 19 th
Meet the Teacher 6pm	Sept 21 st
In-Service – No Classes	Sept 22 nd
Terry Fox Walk/Run	Sept 28 th
National Day of Truth & Reconciliation Orange Shirt Day	Sept 29 th
Every Child Matters – Orange Shirt Day	Sept 29 th
National Day of Truth & Reconciliation No Classes	Oct 2 nd
School Pictures	Oct 6 th

SAFE ARRIVAL POLICY

Please continue to be mindful of our Safe Arrival Policy for students from P-6. You should have your child excused by 9:15am each day. If the school is not notified and we are unable to reach a parent/guardian the RCMP will be contacted to ensure the safety of the student.



Cafeteria Services

Chartwell cafeteria service is available at IECA. If you are new to using the online ordering system you will first have to register for an account. Once you have completed registration you can view the online menu and place orders.

Parent Portal



The student-parent portal gives you real-time access to attendance, grades, assignments, teacher comments, and school bulletins. You access the portal using your own user account. For assistance in using the Parent Portal please use this document.

No Bus Passes

As outlined in the School Transportation Policy, for the purposes of providing transportation services, each student is limited to one primary residence address and one alternate address for childcare. SRCE has decided that they will continue with their **no bus pass policy**.

Any special requests should be forwarded to SRCE Transportation at 902-747-3645

Water Bottles



Please ensure that you send your child to school with a water bottle. IECA does not provide cups and we no longer have the older style water fountains since Covid. With the warmer weather upcoming I am sure our students will be thirsty.

All-Gender Care Products in Schools

The Strait Regional Centre for Education provides free all-gender care products in all schools with Grades 5 to 12 students. These products are located in all female and all-gender washrooms.

REMINDERS

- Parents of Elementary students are encouraged to keep an extra set of clothes in their child(ren)s school bag incase they get wet during the school day. This elimanates the need for phone calls home for dry clothes.
- Please continue to be mindful of our Safe Arrival Policy for students from P-6. You should have your child excused by 9:15am if they aren't attending school each day. If the school is not notified and we are unable to reach a parent/guardian the RCMP will be contacted to ensure the safety of the student.
- Please remember to return to the school the following signed forms as soon as possible:
 1. Registration Form
 2. Consent for Publication of Student Personal Information and Student Work Form
 3. Canada's Anti-Spam Legislation Form
 4. Permission to Leave School Grounds (Gr. 7-12)
- Parents/guardians entering the school are asked to sign in at the office. Parents are not permitted to go directly to their child/ren's classroom. If you need to see your child, the secretary will call the student to the office.
- Students should not be making calls or texting during instructional time. We ask that parents reinforce responsible use at home and know that the only time 7-12s should be using and receiving texts/calls is at recess (10:15-10:30am) and lunch (12:15pm-1pm).
- After school arrangements should be noted in the student's communication journal. Calling or emailing the office with instructions should only happen in **emergency** situations.
- IECA is a scent and fragrance-free school. Please encourage students to adhere to this.

School Photographer Services



As part of our contract with LifeTouch Photography and our school will be providing them with student names, grade, and provincial student ID # which they require to provide the service. The photographer is required to permanently delete all student information once the contract agreement has been fulfilled.

Information Sharing Agreement with Department of Health and Wellness

Annually, students across Nova Scotia are offered services delivered by Public Health including the Grade 7 School Immunization Program, Pre-school Screening, Enhanced Vision Screening Program, and the Fluoride Mouth rinse Program. Public Health works with the education system to distribute information about these programs and to obtain consent for student participation.

Occasionally, Public Health practitioners may need to contact parents/guardians of students where consent information is incomplete or unclear, or when a consent form has not been returned. Public Health will not contact you if you have signed a consent form indicating you do not wish to have your child participate in one of these programs. The Strait Regional Centre for Education takes its responsibility for the protection of personal student and family information seriously and will share limited information such as names of parents/guardians and students and parent email addresses with Public Health for the purposes of operating these public health services for students.

All Regional Centre's for Education in Nova Scotia share certain personal information about students and parents/guardians with the Department of Health and Wellness, for the purposes of operating these programs. This information sharing is required by the Public Health Protection Act and is permitted by the Freedom of Information and Protection of Privacy (FOIPOP) Act and an Information Sharing Agreement signed by the Regional Centre.

Please contact your local public health office if you have any questions about these public health programs. If you have any questions about how your information is shared, please feel free to contact your respective school or our Regional Centre's Information Access and Privacy Manager at 902-625-2191.

Notice to Families when hosting public events – e.g., sporting events/competitions, Holiday concerts, etc.

Please note from time to time our school will host public events like sporting events, competitions, and concerts. As a public event, it is reasonable to expect photographs and audio/video/digital recordings may be taken by those in attendance. Therefore, privacy cannot be expected. When events are public, it is reasonable to expect photographs and/or taping will be taken by spectators, media, and schools.

We understand you may wish to record your child at this event. Please be respectful of other students' and family's privacy when recording your child during the event.

Thank you for your cooperation.

Notice to Families Regarding School-Based Communications

As we begin another school year, I would like to share a reminder with our students and families regarding school communications.

As part of efforts to establish and maintain open communication with our students and families, our school uses several communication platforms, including print, online and social media, to regularly share information with our families and school community. These platforms include monthly school newsletter/calendar, school website, Twitter, Facebook group, and direct email and text alerts to parents and guardians using School Messenger.]

In addition, our practice is to share information on situations that require emergency response from EHS and/or the RCMP, as needed. Currently, there are plans involving individual students who may require a medical response. These specific incidents involving individual students will be addressed directly with the family of the student and no school-wide notification notice will be issued.

When necessary, serious incidents that impact multiple students and the school community broadly, including those that escalate through broad sharing on social media, will continue to be communicated directly to students and families through a notification issued by the school.

If you have any follow-up questions or concerns, please do not hesitate to contact me. As always, thank you for your ongoing support and cooperation.

Sincerely,

Peter Goosens
Principal

School Insurance Program

Every eligible child attending public school in Nova Scotia is automatically insured by the School Insurance Program's Basic Plan student accident coverage. This coverage is provided without deductible **and** at no cost. Basic Plan coverage can cover things such as physiotherapy, dental and medical equipment expenses, up to policy limits.

However, if parents/guardians wish to purchase additional coverage, the Gold Plan increases the time that your child is covered to 24/7 including summer vacations. Many of the specific loss accident payments are triple those of the Basic Plan. Please visit www.sip.ca for more information.

Stand Up Against Bullying Day in Nova Scotia, Thursday, September 14, 2023

Since 2007, the Province of Nova Scotia and education partners have recognized the second Thursday in September as Stand Up Against Bullying Day. This year, Stand Up Against Bullying Day is Thursday, September 14, 2023.

Students, staff, families, and community partners are encouraged to wear pink to support Stand Up Against Bullying Day as it is a time to celebrate and recognize the importance of welcoming, positive, safe, respectful, inclusive, and healthy learning environments and relationships.

Schools are planning a number of excellent activities and events to raise awareness and promote the significance of healthy, respectful, and responsible relationships as well as kindness, respect, and diversity in our schools, at home and in our communities on this day, and throughout the school year.

How to Stay Informed?

The SRCE uses a number of communication platforms, including print, online and social media, to regularly update and share information with students, parents, guardians, staff, and community partners on a variety of education matters. These platforms include:

- SRCE website (<https://srce.ca/>) and school websites;
- Twitter/X (@SRCE_NS);
- Regional Executive Director of Education's Report to School Communities in the SRCE;
- [Stay Informed Notification System](#) for class/bus announcements and news items/stories;
- Subscribe to the SRCE YouTube Channel @SRCE_NS;
- Local newspapers; and
- Local radio stations.

Notice to Families

Information Sharing Agreement with Chief Electoral Officer of Nova Scotia

In accordance with Sections 42(4), 42A and 43(5) of the *Elections Act*, the Chief Electoral Officer of Nova Scotia is authorized to gather and maintain information about 16- and 17-year-olds who would qualify as electors when they become 18 years of age. In addition, it authorizes for Elections Nova Scotia to be provided the personal information held by a public body as required to create, revise, or update the Register of Electors. The Register of Electors is a database of Nova Scotians who are qualified to vote in provincial elections.

An Information Sharing Agreement signed by the Strait Regional Centre for Education (SRCE) with the Chief Electoral Officer of Nova Scotia authorizes the SRCE to share, on an annual basis, information about 16- and 17-year-old students directly with Elections Nova Scotia for the sole purpose of adding them to the electoral list when they become eligible at the age of 18. The specific information to be shared includes student ID, school name, student's full name, gender, date of birth, mailing address, civic address and indicates if a student is currently enrolled in school.

Elections Nova Scotia is subject to the Freedom of Information and Protection of Privacy (FOIPOP) Act and collects information under this agreement for electoral purposes only. Please note that as students reach 18 years of age and are added to the Register of Electors, they may correct and/or update their information and/or opt out of the registry at that time if they wish by application to the Elections Nova Scotia Office.

If you have any questions or require clarification, please contact Elections Nova Scotia by phone at 902-424-8584 or by email at elections@novascotia.ca or the Regional Centre's Information Access and Privacy Manager at 902-625-2191.

IECA SEPTEMBER 2023

ADMINISTRATION
Peter Goosens (Principal)
Iisha Parsons (Vice Principal)
Brenda Beaton (Secretary)

TEACHING STAFF
Alanna MacLellan-Mansell - Mathematics 5; English 5; Core French 5,6; HR 5
Amy Poirier - Mathematics PR; English PR; HR PR
Angie MacDonnell - Learning Support Teacher
Ann Marie LeLièvre - Mathematics 4; English 4; Core French 4; HR 4
Ashley Crowley - Mathematics 1, English 1, HR 1.
Billy Andrews - Science 8; Social Studies 7,8; Physical Education 3,4,5,8; Career Development 10; HR 8
Charlene MacKinnon - Mathematics 2; English 2; HR 2
Coralie Cameron - English 9; Healthy Living 9; Career Development 10O2; Cooperative Education 11,12; History 10; Coordination CO-OP Education Placements; HR 10 (with Jesse Fraser)
Darlene MacLellan - Reading Recovery, Mathematics Hybrid
Jesse Fraser - Production Technology 11; Construction Technology 12; Community Based Learning 11; Skilled Trades 10; Cooperative Education 12; O2 Lead Teacher; HR 10 (with Coralie Cameron)
Jill Campbell-Jessome - English 8,10,11; Health Education 8; Citizenship Education 9; Canadian History 11; Global History 12; HR 11
Jill Copley - Mathematics 1; Math Support; Literacy Hybrid Teacher
Kelly Sofan - Mathematics 7,8,9; Science 7,8
Kendra MacEachern - Mathematics 10,11,12; Pre-calculus 11,12; Science 10; Oceans 11; HR 12
Krista Miller - English 7,10O2,12; Core French 7,8,9; Visual Arts 7,8,9; Health Education 7; HR 7
Laura Ryan - Mathematics 3; English 3; HR 3
Lorna MacDonald - Learning Support Teacher
Melissa MacLennan - Pre-Primary
Michele MacDonald - Mathematics 6; English 6; HR 6
Neil MacQuarrie - Music PR,1,2,3,4,5,6,10,11,12; Exploring Music 7,8,9; Nova Scotia Virtual School Contact
Phil Blackwood - Physical Education PR,1,2,6,7,9,10; Fitness Leadership 11; Physical Education Leadership 12
Robert LeLièvre - Teacher Nova Scotia Virtual School
Rochelle MacQuarrie - English 1,2; Mathematics 2; HR 1-2
Shannon MacLennan - Physics 11,12; Chemistry 11,12; Science 7,9; Mathematics at Work 12; Math Essentials 12
Sue Spears - Learning Support Teacher
Vince Jessome - School Counsellor, Biology 11,12

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TEACHER ASSISTANTS	BUS DRIVERS
Elaine LeBlanc	Alison Freeman
Fiona MacEachern	Glenn MacKay
Laurie LeBlanc	Matthew Morrison
Lindsey MacLean	BUS/LUNCH SUPERVISORS
Margie Clark	Marlene Poirier
Shawna MacLean	Vanessa MacIsaac

BUILDING TECHNICIAN/JANITORS	CAFETERIA
Greg MacDonnell	Ashley MacDonnell
Jay Ilagan	Librarian
Marvin Delaney	Claire MacDonnell
Nettie Campbell	

IECA SEPTEMBER 2023 NEWSLETTER



2023-2024



CHEF'S TABLE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Mac 'n Cheese with Veggies & Dip served with choice of milk or juice \$7.00	Tex Mex Tacos with Mexican Rice and Corn served with choice of milk or juice \$7.00	BBQ Chicken Drumstick, Mashed Potato & Carrot Sticks served with choice of milk or juice \$7.00	Spaghetti with Meat Sauce & Caesar Salad served with choice of milk or juice \$7.00	Hamburger & Roasted Potato Wedges served with choice of milk or juice \$7.00
	Mac 'n Cheese with Garden Salad served with choice of side \$7.75	Buffalo Chicken Quesadilla served with choice of side \$7.75	Beef Burrito served with choice of side \$7.75	Penne with Sauce served with choice of side \$7.75	S&S Beef Meatballs & Brown Rice served with choice of side \$7.75
WEEK 2	Baked Goulash with Caesar Salad served with choice of milk or juice \$7.00	Lasagna & Garlic Breadstick served with choice of milk or juice \$7.00	Hot Chicken on a Bun, with Side Corn served with choice of milk or juice \$7.00	Shepherds Pie Bowl with Steamed Carrots served with choice of milk or juice \$7.00	BBQ Chicken Drumstick, Mashed Potato & Carrot Sticks served with choice of milk or juice \$7.00
	Teriyaki Chicken With Rice served with choice of side \$7.75	Chicken Fajita with Mexican Rice served with choice of side \$7.75	Sauteed Perogies with Carmelized onions and Veggies served with choice of side \$7.75	Buffalo Chicken Quesadilla served with choice of side \$7.75	BBQ Chicken Drumstick, Mashed Potato and Steamed Veg. served with choice of side \$7.75
Daily Alternate Meal Week 1 & 2 served with milk or juice	Popcorn Chicken Mashed Potato Bowl & Corn \$7.00	Grilled Cheese Sandwich & Chicken Noodle Soup \$7.00	Cheese Pizza Slice & Caesar Salad \$7.00	Chicken Nuggets, Home Made Wedges & Veggie Sticks \$7.00	Pancakes with Syrup & Fresh Fruit \$7.00
WEEK 1 DATES September 5-8 October 2 - 6 October 23 - 27 November 13 - 17 December 4 - 8 December 25 - 29 January 15 - 19		WEEK 2 DATES September 11 - 15 October 10 - 13 October 30 - Nov 3 November 20- 24 December 11 - 15 January 3 - 5 January 22 - 26		WEEK 3 DATES September 25 - 29 October 16 - 20 November 6 - 9 Nov 27 - Dec 1 December 18 - 22 January 8 - 12 January 29 - February 2	
February 5 - 9 Feb 26 - March 1 March 18 - 22 April 8 - 12 April 29 - May 3 May 21 - 24 June 10 - 14		February 12 - 16 March 4 - 8 March 25 - 29 April 15 - 19 May 6 - 10 May 21 - 24 June 17 - 21		February 19 - 23 March 11 - 15 April 1 - 5 April 22 - 26 May 13 - 17 June 3 - 7	

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Daily Items P-12 2023-2024



 BREAKFAST <small>WISE N' DINE</small>	Bagel with Butter	\$ 2.50
	Bagel with Cream Cheese	\$ 3.50
	Yogurt Parfait	\$ 4.25
	Egg and Cheese Breakfast Sandwich	\$ 4.00
	Hand Cut Home Fries	\$ 3.25
 GRILL <small>CLASSIC WITH A KICK</small>	Grilled Hamburger 2oz/3oz	\$4.50/5.50
	Cheeseburger 2oz/3oz	\$5.25/6.25
	Grilled Chicken Burger	\$5.25/7.00
	Crispy Chicken Burger	\$ 5.50
	Chicken Nuggets with Sauce	\$ 4.50
	Hand Made Oven Roasted Potato Wedges	\$ 3.50
	Baked Popcorn Chicken with Sauce	\$ 4.00
 SANDWICH <small>DELICIOUS</small>	Baked Fries	\$ 3.50
	Gravy	\$ 0.50
	Wedge Sandwiches	\$ 4.50
	Grilled Cheese Sandwich	\$ 4.50
 SALAD <small>HEALTHY WITH STYLE</small>	Chicken Caesar Wrap	\$ 6.25
	Chicken Snack Wrap	\$ 4.25
	Garden Salad 12oz/16oz	\$4.00/5.00
	Caesar Salad 12oz/16oz	\$4.00/5.00
 PIZZA <small>FAVORITE PASTA DELICIOUS</small>	Fruit Salad Small/Large	\$3.00/5.00
	Tomato Basil Pasta Salad	\$ 5.00
	Pizza Slice	\$ 4.50
	Garlic Fingers	\$ 5.00
	Panzarotti	\$ 6.25

 GRAB & GO <small>QUICK OUTLINE</small>	Baked Tortillas and Salsa	\$ 3.00
	Veggies and Dip with Hummus	\$ 4.00
	Veggies and Dip with Ranch	\$ 3.25
	Cheese, Grapes and Crackers	\$ 4.25
	Apple Wedges with Honey Yogurt Dip	\$ 3.50
	Local Apples	\$ 1.50
	Bananas	\$ 1.50
 GRAB & GO <small>QUICK OUTLINE</small>	Fresh Grapes	\$2.00/3.75
	Fruit Smoothie 6oz/8oz	\$2.80/3.60
	Veggie Sticks and dip	\$ 2.25
	Small Milk	\$ 0.40
	Large Milk	\$ 0.80
	Small Chocolate Milk	\$ 2.35
	Large Chocolate Milk	\$ 3.35
 BAKERY <small>HAVE A BITE</small>	500ml Water Nestle	\$ 1.75
	591ml Water Aquafina/Dasani	\$ 2.25
	Can Juice	\$ 2.25
	Sparkling Can Water	\$ 2.25
	Large Juice	\$ 3.50
	Tropicana Juice	\$ 3.50
	1oz Cookie	\$ 1.00
 BAKERY <small>HAVE A BITE</small>	2oz Cookie	\$ 1.40
	Fresh Baked Muffin	\$1.40/2.00
	Reduced Fat Banana Loaf	\$1.50/2.00
	Oatmeal Berry Loaf	\$1.50/2.00
	Cinnamon Buns	\$ 2.00
	Squares	\$1.40/2.00

IECA SEPTEMBER 2023 NEWSLETTER

Inverness Education Centre/Academy					SEPTEMBER 2023	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4	5 In-Service	Day A 6	Day B 7	Day C 8	9
10	Day D 11	Day E 12	Day F 13	Day G 14 Stand up against bullying – Wear Pink	Day H 15	16
17	Day A 18	Day B 19 SAC Meeting 6pm	Day C 20	Day D 21 Meet the Teacher	22 In-service No Classes	23
24	Day E 25	Day F 26	Day G 27	Day H 28 Terry Fox Walk	DAY A 29 Orange Shirt Day: Every Child Matters	30